

There is Hope - Week 23

Hey guys, are you struggling? Are you sad or feeling hopeless? I want to be real with you guys and I want y'all to know that it is OKAY to not be okay. It took a while for me to learn this, but once you accept that, it makes going through rough patches a little easier because you get to experience freedom in not being okay.

Now, if you are going through a hard time, I am sorry, and I am praying for you. But I want you to know that there is hope. Romans 5:3-5 says: "We can rejoice, too, when we run into problems and trials, for we know that they help us develop endurance. And endurance develops strength of character, and character strengthens our confident hope of salvation. And this hope will not lead to disappointment. For we know how dearly God loves us, because he has given us the Holy Spirit to fill our hearts with his love."

First off, there is joy in the struggles. This probably seems silly, but I look at it like this: when we go through hard things, we are building endurance. The definition of endurance means "the ability to keep doing something difficult, painful, or stressful for a long time without giving up." And when we build endurance, we grow. God turns all things the enemy meant for evil for the good of us and Him. So we trust Him. And we have joy in the fact that God is going to turn this into something good.

And then we have hope in this. First, because salvation is here. God will never fail us, and He is so good. And I love verse 5, how this hope will not disappoint us, because God loves us. So, if you are going through a trial, I hope this video was a glimpse of hope for you. Keep hope alive, and know that God is with you in this season and that He is faithful to carry you through. You are not alone. There is hope.

From Kaity