

SOULFUL SCRIPTURE

"Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to Him, and He will make your paths straight."

PROVERBS 3:5-6

DEVOTION DIVE

Have you been in a situation that scared you? Maybe a loud storm or a time you were lost? Those situations can be really scary! But, when we remember that the Lord holds us, we can relax and know that we are safe with Him.

Proverbs 3:5-6 says to trust in the Lord with all your heart—not just with some of it. The verse also says not to lean on your own understanding, but in all things to follow the Lord and trust in Him—even in scary thunderstorms or when we are lost.

Deborah was a great leader in the Bible in Judges. I assume she was afraid at times facing Sisera's huge army, but she trusted in the Lord, so she was confident. Deborah sought God a step at a time and knew He went ahead of her.

When we look away from fear and look to the Lord instead by praying, reading Scripture, or another way, we are trusting in the Lord and not in our fears. We can trust that He will make our paths straight and lead us. The God of the Universe is in charge and over everything so we can be at peace and find comfort that we are led by Him.

FILL IN THE GAPS

♥♥ TRUST IN THE _____ WITH _____ YOUR
HEART AND LEAN _____ ON YOUR _____
UNDERSTANDING; IN _____ YOUR WAYS
_____ TO HIM. AND _____ WILL MAKE YOUR
PATHS _____. ♥♥ PROVERBS 3:5-6

MINDFUL MOMENTS

- 1 When was a time you were afraid?
- 2 What is a way you can trust the Lord when you're scared?
- 3 How can knowing God holds you and is in charge, comfort you in a scary situation?

QUIZ QUEST
TRUE OR FALSE

1. When we focus on our fears, we will feel better.
2. When we look to the Lord, our fears will lessen.
3. If we trust in the Lord, the Lord will make our paths crooked and confusing.
4. If we trust in the Lord, He will make our paths straight.
5. When I mess up and ask for forgiveness, God forgives me and leads me because He loves me unconditionally.

Answers: 1. F, 2. T, 3. F, 4. T

CREATIVE CORNER



In the thunder cloud, write ways you focus on your fears instead of the Lord. In the sunshine, write ways you trust in the Lord.