

Week two day 1

PART OF GROWING IS FALLING. THAT SOUNDS KIND OF WEIRD, RIGHT?

But as we grow in our faith, because we're human, we will fall too. We will struggle at times. But when someone is growing, they don't give up. They keep going.

"For though the righteous fall seven times, they rise again."

PROVERBS 24:16

Heart



treasure

Lord, Thank You that I am Growing.

When I fall, give me strength to rise again.

In Jesus' name, amen.



Is there a time you struggled in your faith or made a mistake?
What happened?



How could you rise again “seven times” and not give up?

Who does Proverbs 24:16 say falls and then rises?

“For though the _____ fall seven times,
they rise again.”

So, righteous people fall. Do you ever feel that since you are a
Christian you should do everything perfectly?



YES



NO



SOMETIMES

How does Proverbs 24:16 encourage you?



Week two day 2

PERSISTENCE MEANS TO DO SOMETHING EVEN THOUGH YOU FACE TROUBLE OR DIFFICULTY.

Have you ever read *The Little Engine That Could?* It's about a train that breaks down on the way to bring toys to children. Big engines would not help the train, but then a small, little engine came along and gave all its might to bring the train with toys over the hill to the children. It persevered and succeeded, even though it faced strong challenges.

Sometimes we will face hills and troubles in life, but if you persevere and don't give up, you can grow in your faith and become closer to God.

"Let perseverance finish its work so that you may be mature and complete, not lacking anything."

JAMES 1:4

Heart  treasure

Lord, Thank You that I am Growing.

Help me to persevere so that I can grow
and mature in my faith, and become
more like You.

In Jesus' name, amen.



What does James say will help you to grow and mature in your faith?

- ★ **A** having lots of Bibles
 ★ **B** giving up
 ★ **C** perseverance

James says, “Let _____ finish its work so that you may be _____ and _____, not lacking anything.”

Write a struggle you have in each train car, and on the second level of the train car, write a way you can persevere and get through it.



Week two day 3

HAVE YOU EVER TRIED SOMETHING NEW? It takes time to be good at something. Commitment, perseverance, and growing in your faith take practice.

“Let no one despise your youth; instead, you should be an example to the believers in speech, in conduct, in love, in faith, in purity. Until I come, give your attention to public reading, exhortation, and teaching. Do not neglect the gift that is in you ... Practice these things; be committed to them, so that your progress may be evident to all.”

1 TIMOTHY 4:12-15

Heart  treasure

Lord, Thank You that I am Growing

and that I can do great things even though I am young. Help me be committed to doing the things that will help me grow.

In Jesus' name, amen.



What is something new you have tried to do?

TRUE OR FALSE: Because you are young, you cannot be an example of someone having a strong faith.

You can do great things for God, even though you are young. In 1 Timothy 4, Paul wrote to Timothy, a young pastor, telling him five things to be an example to believers in. What are they?

S _____

C _____

L _____

F _____

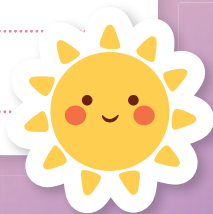
P _____

CIRCLE WHICH ONE ABOVE YOU WOULD LIKE TO PRACTICE DOING MORE OF THIS WEEK SO YOU CAN GROW.

Paul told Timothy that doing a few things will help him grow in his faith. What are they? Unscramble the words to find out and write them in the blank.

1. _____ 2. _____
C R E I P A C T E B D C M O M T E I T

What would you like to be committed to and practice this week to help your faith grow?



Week two *day* 4

COLOSSIANS 1:9-11 IS FULL OF RICHNESS AND SO MANY WAYS TO GROW IN OUR FAITH. Just as

Paul told the Colossian church he was praying for them, we also pray for you—that you may live a life honoring the Lord, bearing fruit, growing in knowledge, strengthened in Him, and having great endurance. Each day you seek the Lord, you will grow in Him.

“For this reason, since the day we heard about you, we have not stopped praying for you ... that you may live a life worthy of the Lord and please Him in every way: bearing fruit in every good work, growing in the knowledge of God, being strengthened with all power according to His glorious might so that you may have great endurance and patience ... ”

COLOSSIANS 1:9-11

Heart  treasure

Lord, Thank You that I am Growing.

Help me to please You, bear fruit, grow in knowledge, be strong, and endure.

In Jesus' name, amen.

IN EACH STICKY NOTE, WRITE WHAT CAN HELP YOU
GROW IN THAT AREA:

PRAISING THE LORD

KNOWLEDGE

BEARING FRUIT IN
GOOD WORKS

STRENGTHENED IN GOD'S POWER

ALL THIS LEADS TO GREAT ENDURANCE AND PATIENCE.

Week two day 5

NAOMI AND RUTH ARE TWO WOMEN WHO WENT THROUGH A DIFFICULT SEASON BECAUSE THEIR HUSBANDS DIED.

Ruth had two options after this happened: either give up, or stay loyal and focused on God. She trusted in the Lord and was faithful to her mother-in-law, Naomi. Ruth ended up marrying a man named Boaz, and she became the great grandmother of King David. Guess who else came from their family line? Jesus! Ruth grew over time with each decision she made.

“Where you go I will go, and where you stay I will stay. Your people will be my people and your God my God.”

RUTH 1:16

Heart



treasure

Lord, Thank You that I am Growing.

Thank you for Ruth's example of loyalty and growth. Help me to also grow from the choices I make.

In Jesus' name, amen.

When you have a hard day, you can grow by making one decision at a time to trust the Lord, just like Ruth. Color in the picture as a reminder that you are growing.

I am Growing.

