

FOR GIRLS LIKE YOU

MARCH/APRIL 2025

meet

Nia
WEBSTER

A BOLD AND
BEAUTIFUL
WORLD-CHANGING
GIRL LIKE YOU!

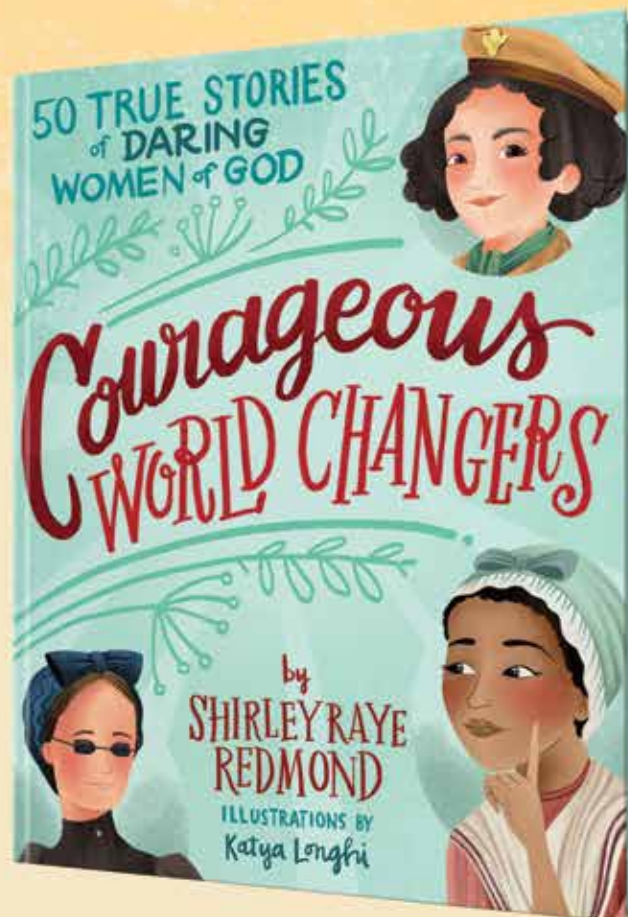


**Our readers
share their ideas for
making the world a
better place!**



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Read their stories and then imagine your own!

FOR **GIRLS LIKE YOU**

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hello FRIEND



Arise, shine, for your light has come, and the
glory of the LORD has risen upon you.

ISAIAH 60:1

Did you know that you were created to change the world?

I know, it sounds daunting or maybe even unrealistic. You may think that only super-qualified adults have the power to make a difference. But that couldn't be further from reality. The truth is that each of us who believe in Jesus has a specific call to make the world around us a better place.

In Matthew 5, Jesus says that we are the light of the world.

He tells us to let our light shine before others, that they may see us and come to know God themselves.

Let me put it simply: **In a dark world, we are called to be the light.** Being a light looks like loving your neighbor as yourself. Living selflessly by putting others first. Letting your words and actions be kind and full of life.

By simply smiling at a stranger or letting someone go before you in line, you may be the only love they experience all day. **When we obey God's commands to love others and be the light, we are changing the world!**

So yes, girl. **You are a bold and beautiful world changer.** In big and small ways, God wants to use you!



I know you are going to love our world-changing cover girl, Nia, and reading her story. My husband and I got to capture it! We drove out to their beautiful home and they welcomed us with open arms. Nia is beautiful inside and out and taking photos of her was so much fun. We were so much alike... I think she may be my long-lost sister! (Kidding. Kind of.)

Alena

AND YOUR FRIENDS at
FOR GIRLS LIKE YOU

FOR **GIRLS LIKE YOU**

March/April 2025

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**Bold & Beautiful
World Changers**

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the world a better place, one
little step at a time!

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14

made for THIS

Nia Webster loves the story of Esther—and follows her example as she discovers the amazing ways God is using her life to serve others. (Don't miss the special FUN & GAMES all about Esther, created for you by Nia and her dad!)

Follow us on



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SPrinkles

SPRINKLE JOY. SPRINKLE FUN. SPRINKLE BEAUTY.



Puppy Love

I painted this picture of Bessie, my pet French Bulldog. She is a very wiggly girl who loves to give kisses. We love her very much.

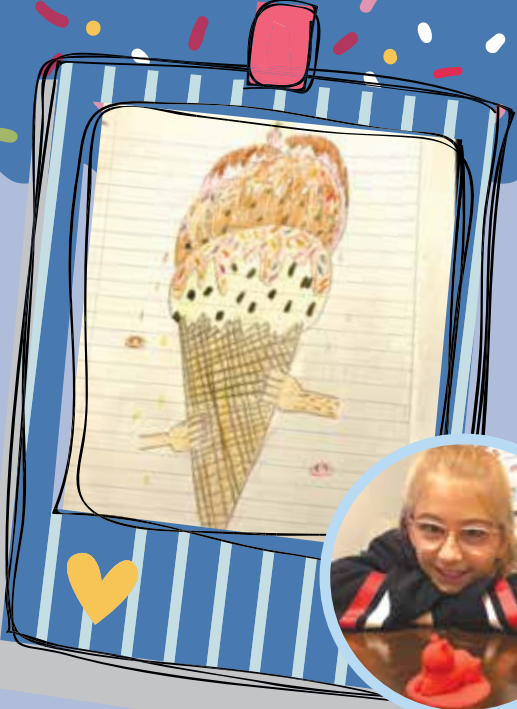
Rosie, 8



All You Need

I drew this picture to remind me of when God shows His promises. All the elements represent God's promises and how much His creations help us grow. This picture also reminds me of the verse in Philippians 4:19 that says: "And my God will supply all your needs according to His riches in glory in Christ Jesus."

Esther, 9



Hold the Cone!

I made this piece of art because I was doing a drawing competition with my friend. I absolutely love doing art, drawing, and writing. I also love ice cream! Yum! The hand with pink nails is my mom's hand, and the hand that has a hairy arm is my dad's. I love **FOR GIRLS LIKE YOU** magazine!

Basye, 10

Sweet Love

I made this drawing because it makes me think of love. God shows us the greatest love, and I hope it encourages people to think of ways to show God's love to others.

Callaway, 7





Kitty Kindness

I made this painting with my friend Gwyneth. It shows a generous cat giving someone a cupcake. My cat knows that even the smallest acts of kindness make a big difference.

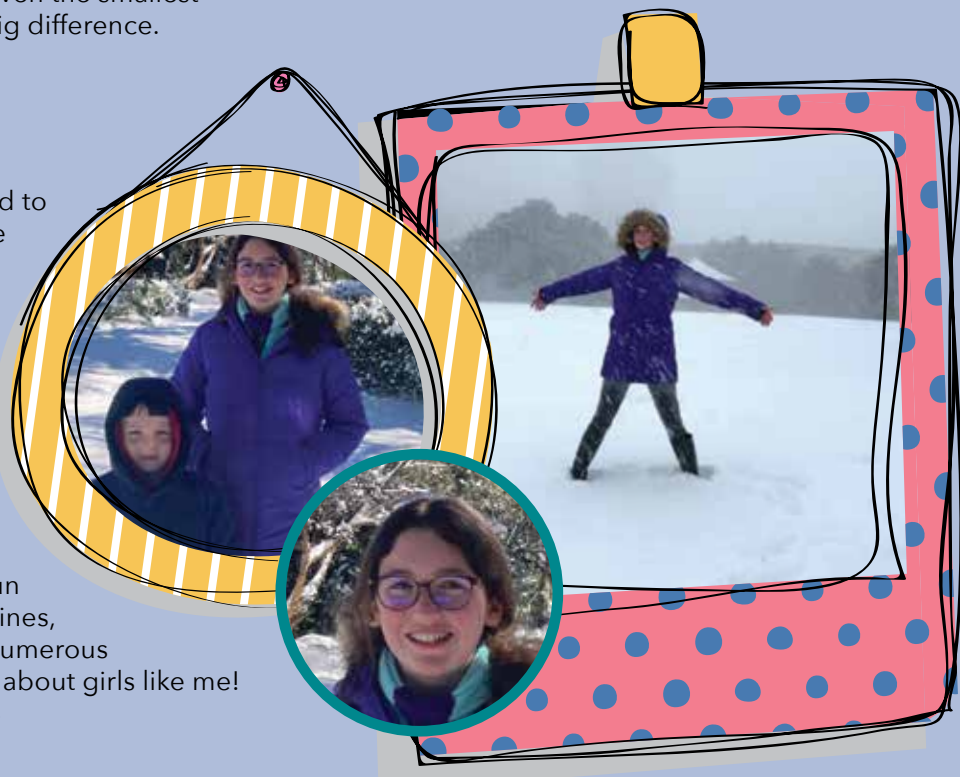
Rosalyn, 8



Colors of my World

I enjoy reading my **FOR GIRLS LIKE YOU** magazines, and I also enjoy painting! This is a canvas painting I made recently.

Ellia, 11



Snow Day!

My sister and I have subscribed to **FOR GIRLS LIKE YOU** for five years. I wanted to share my experience with the snow our area got this week. Our family lives on a property with lots of woods, and the scenery was beautiful. We got over seven inches of snow, the most our area has received in over 130 years.

Despite the numb toes and cold hands, we had so much fun playing in it! I love your magazines, and I read and re-read them numerous times because they truly are about girls like me!

Faith, 13



Sew Proud!

I sewed a quilt for my school's Beta Club to be entered in their convention competition. We found fabric in our school colors, embroidered words to represent our school and Beta Club, and trimmed the edges to make it a raggy quilt. It took me several weeks to complete, and I'm proud of my hard work!

Chandler, 10



Heart to Art

Thank you for publishing **FOR GIRLS LIKE YOU** magazine. I really enjoy reading about other girls' lives. I also like making the adorable crafts in the **Creative Hearts** section! I am almost 13 and have been drawing since I was 1. My neighbor friends, Helen and Maddie, have taught me a lot about drawing too.

Lavender, 13



Poetry Praise

Here is a poem I wrote for a class assignment. The assignment was to write something about praising the Lord. I saw a card that my grandmother sent us. It had a bird on it, and inspiration struck.

Avery, 12

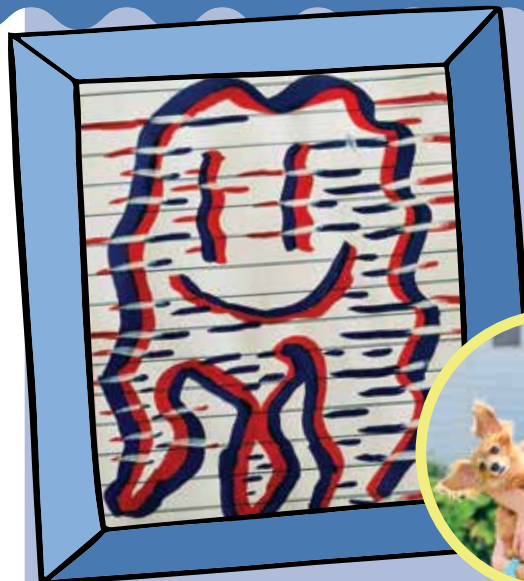
As the sparrow leaves his nest,
He lifts up his voice to say,
Praise the Lord, O God Almighty
Who gave me my voice so that
I could praise!

As the bear wakes up he hears
The sparrow's clear and joyful song
So he lifts up his voice too
So that he may join the sparrow's song.

And as the fox comes out of his den,
He hears the two voices intertwined,
And adds his voice to the mix
To a song that's been sung for all of time.

And soon more animals wake
And join their voices to the song,
And the whole forest praises God Almighty
And they want you to sing along.





Happy Breaks

Glitch art is my favorite art to create because it is unique. This is a glitch smiley face.

Adalyn, 11



Books, Ballet & Buddies

I was honored to play the part of Clara in my Books and Ballet class featuring the stories of *Heidi* and *Anne of Green Gables*. Playing Clara was a dream come true! My teacher said she needed someone very mature to handle the wheelchair. I enjoyed having fun with my friends.

Emeline, 10



ARTSY SISTERS

I sewed an apron, and I embroidered a flower on it. I enjoy doing crafts, and I hope you do too.

Violet, 9

This is my drawing of a girl. I have been working on drawing realistic faces for about two years now.

Lily, 12



COLOR ME BOLD!



YOU HAVE within you the strength, the patience, and the passion to reach for the stars to change the world.

HARRIET TUBMAN

HOW WONDERFUL *it is* THAT NOBODY NEED WAIT A SINGLE MOMENT BEFORE STARTING TO CHANGE THE WORLD.

ANNE FRANK

One person can change the WORLD.

ROSA PARKS

IF YOU cannot feed A HUNDRED PEOPLE, FEED ONE.

MOTHER TERESA

NEVER BELIEVE that a few CARING PEOPLE can't change the world. For indeed, that's all who ever have.

MARGARET MEAD

WE'D LOVE TO HEAR FROM YOU! We'd love to showcase your paintings, poems, songs, stories, drawings, photographs, anything! And we'd like to see you! Email your entries and photo to sprinkles@forgirlslikeyou.com!

GOD'S girl

DEVOTIONALS & MORE TO GROW YOUR FAITH

WYNTER'S WORDS



I AM A BOLD AND BEAUTIFUL WORLD CHANGER

"If God is for us, who can be against us?"
ROMANS 8:31

I'm not sure how it happens, but one day you may wake up and discover you're nearly as tall as your mom or dad! I'll never forget turning to Alena one day and realizing she was just as tall as me!

She loved it, and I couldn't believe it. She was excited to know that she could ask me to wear some of my shoes and clothes! I stood amazed and in awe of the woman that God was growing her up to be. I could see the beauty and potential that God had for her future, and it made me marvel!

Whether you're hoping it happens fast or slow, you'll get there too! This new vantage point will feel strange. But it's just evidence of what you already know to be true: You're growing up.

With each new inch you grow, you make an adjustment. You start new classes. You make new friends. You begin a new activity. You might even move or change schools. Nothing seems to stay the same, and sometimes that can be hard. Through it all, you're becoming wise and more mature. As you seek Him, you're becoming more like Jesus. Life is a journey that leads you closer and closer

to God, and the best way to get there is to spend every day connected with Him. You do this when you go to church and read your Bible and especially when you pray. There's nothing like prayer for drawing closer to God. But you also do this when you do the things He has created you to do. There is only one you, and the more you listen for God's voice and follow Him in obedience, the more you will come alive to His plans.

You are His daughter, and He wants to join you on every part of your journey. He also wants to hear all about what's going on in your life. When the world tries to convince you to be someone else, God is drawing you right back to Him and to the you He made you to be. He has an awesome plan for your life. He is growing you to be a radical and brave Christ-follower—a confident girl who does her own thing while, at the same time, doing God's thing. In fact, God is working overtime to make sure He catches you from every angle and is involved in every part of your life. So remember who you are. You're a daughter of the King. You're a bold and beautiful world changer for Christ. You're God's Girl!

From *I Am Yours* by Wynter Pitts.
Courtesy of Harvest House Publishers.

DEAR God.

I am bold and I am beautiful, and I am here to change the world for You! You truly care about every aspect of my life and You want to walk me through every high and low I experience. The more connected I am with You, the more I will be able to go out into the world and do great things. Help me to sense Your very near presence. I pray that no matter what happens in my life, I know that You are always for me and You are always with me. In Jesus' name—AMEN

I AM

MILLIE-JANE
12 years old
Creative. Expressive. Vibrant.



My oldest sister lives in another state, but we all got to be together for Christmas.



Two of my sisters and I played soccer together this year!



I love holding my nephew and trying to make him laugh!



Our class bunny Niko lets me hold him like a baby!

A GIRL LIKE YOU
MILLIE-JANE

A GIRL LIKE YOU

Do you know how your name was chosen? My parents combined the names of two of my great grandmothers, Mildred and Elsie Jane.

Tell us about your family. I am the youngest of five. I have three sisters, a brother, a brother-in-law, and a new baby nephew!

Tell us about your pets. I have a cat, Fiona, and a sweet dog, Rudy Ruettiger, named after the main character in our family's favorite movie, *Rudy*.

What are your favorite hobbies? I love skiing, playing guitar, writing songs, singing, drawing and playing soccer.

What would you love to do or be when you grow up? I'd like to be an archaeologist.

If you could go anywhere in the world, what place would you most want to travel to? Rome, Italy for the food and architecture!

What has God been teaching you lately? I'm learning to seek His wisdom, especially with my words.

What is one of the coolest things you have ever done? I loved ziplining at a camp in the treetops of the North Carolina mountains.

What Bible story do you like most and why? I love the story of Jesus commanding the wind and waves to be still. I love being reminded of God's power to bring peace and calm out of chaos.

FIVE FUN FACTS ABOUT ME!

1. I love to sing karaoke.
2. I love flamingos.
3. I share a birthday with Merle Haggard and Candace Cameron Bure.
4. I play soccer on the same team with two of my older sisters.
5. I have lived in three states.

If you had a time machine, where would you go? I would go back to the late 1800s in early America to try to be Laura Ingalls' friend.

If you could have a superpower, what would it be? Teleportation, so I could visit far away friends and family at any time.

BEING A WORLD CHANGER

Trusting how God works everything together for my good and His glory (ROMANS 8:28), I believe His mission for my life—today—is right in front of me.

Whether it's cleaning my room, serving by doing chores at home, helping my teachers, or being kind to my classmates and siblings, I have a mission to bring God's love with me everywhere I go.

God has ordained every detail, so I need to practice paying attention. At school, I try to encourage others who might feel left out and rally my friends around them.

An international student at my school can't speak English, so my friends and I sit with her and communicate using translation apps.

Sharing GOD'S LOVE makes others feel seen and known and makes the world brighter!

Favorites!

Color: Light pink and sage green
Song: "Beaches" by Beabadoobee
Movie: *Ratatouille*
Book: *The Lion, the Witch and the Wardrobe* by C.S. Lewis
Food: Lamb Gyros
Joke: The Wide Mouth Frog story (look it up!)
Thing To Wear: Hoodies
Bible Verse: Psalm 62:1-2

For God alone my soul waits in silence; from Him comes my salvation. He alone is my rock and my salvation, my fortress; I SHALL NOT BE GREATLY SHAKEN.

LOL!



What do you call
A MAGICIAN WHO HAS
LOST HIS MAGIC?

IAN.

CAN I BUY A
TICKET TODAY
FOR A TRIP TO
THE MOON?

No,
sorry.

The moon is full
right now.

How
much
do rainbows
WEIGH?

Not much,
they're actually
pretty light!

How do you
DIVIDE AN OCEAN
in half?

Use a sea saw!

A Cheeseburger
brought his girlfriend TO A PARTY
to introduce her to his friends.

"Hey everyone, Meat Patty!"



HOW MANY of the
Seven dwarfs
like their jobs?

Only one. The other six
aren't Happy.



IF I RIDE
MY BIKE TWICE
does that count
as RE-cycling?



HOW DO
YOU make
a whale
float?

Two scoops
of ice cream,
root beer,
and a whale!



How do PILOTS
LIKE THEIR sandwiches?

Plane.



SEND US YOUR FAVORITE LOLS! What jokes make you laugh? Have a great riddle to stump us? Have you drawn a cartoon you'd like to share? Anything funny at all—we want to hear from you! Email LOL@forgirlslikeyou.com!

TRUE girl
WITH SHANI MCKENZIE



ONE COMMUNITY AT A TIME

"It is the Lord who goes before you. He will be with you; He will not leave or forsake you."

DEUTERONOMY 31:8

A ministry friend told us that her daughter recently asked her volleyball team if they wanted to do a True Girl Bible study together, and they all said "yes." Here's the extra special part ... most of her daughter's teammates are unbelievers! That means her daughter will have the opportunity to plant eternal seeds into the soil of her friends' hearts, soil that is ready for the truth of God's Word. Do you know how much God can do through this young lady pouring into some friends? They will then be equipped to pour into others and share the Gospel message in their own communities and circles of influence!

Isn't that how Jesus changed the world with love, kindness and truth? He didn't come as a king with fancy clothes and a huge army. He came as a humble servant, showing people how to love God and love others—one person, one community at a time. And guess what? He calls us to do the same!

Being a world changer doesn't mean you have to be famous or do something huge overnight. It starts with small, everyday choices. Smiling at the girl who always eats alone, standing up for truth when others won't, choosing kindness over gossip—these things matter.

1 Timothy 4:12 says: *"Don't let anyone think less of you because you are young. Be an example to all believers in what you say, in the way you live, in your love, your faith, and your purity."* That means you don't have to wait until you're older to make an impact. God can use you right now!

So, what's one thing you can do today to make the world a little brighter? Maybe it's praying for a friend, writing a kind note, or sharing God's love in a creative way. Small acts of faithfulness can lead to big change!

Go ahead, World Changer! Don't worry, God has already gone before you!



TrueGirl

Dannah Gresh is the founder of True Girl. She's written more than 20 books for girls and moms. Find out more at mytruegirl.com.



NIA WEBSTER

is a

BOLD AND
BEAUTIFUL

WORLD-
CHANGER

a note from mom

"Drive faster ... she's coming!" I gasped from my seat. Jason, Nia's dad, held the wheel tightly with one hand while the other reached out to comfort me. It felt like forever—20 minutes filled with pain, panic and prayer!

Finally, we screeched into the hospital garage. The double doors flung open like a movie scene while doctors and nurses sprinted toward us. Moments later, right there in our Honda Civic, Nia made her grand entrance into the world.

At first, she wasn't breathing. We whispered prayers. And then—just as God willed it—Nia's tiny lungs filled with air, and she let out the boldest, most powerful cry I've ever heard. It was as if she declared, *Nothing will stop me now. I was born for such a time as this.*

From that moment on, Nia has been unstoppable. She uses her voice and heart to boldly share God's love.

Whether she's befriending the overlooked, creating hand-made crafts to bring a smile, handing out goodie bags to the homeless alongside her brother Caleb, or sharing God's love through her YouTube and Instagram platforms, Nia Cielo—my bold and beautiful girl—inspires others, including me, to embrace our God-given purpose and make a difference in the world.



Just like Nia, you were born for such a time as this. Let her story remind you of how extraordinary YOU are. I pray with all my heart that you're inspired to use your gifts to make a difference in your own unique way.

meet NIA

MY NAME

My parents wanted to give me a name that would remind me of something important, so they chose Nia Cielo. My first name, Nia, means "purpose" in Swahili, and my middle name, Cielo, means "heaven" in Spanish. So, my name always reminds me that I have a heavenly purpose.

MY FAMILY

I live with my parents and two brothers, Caleb (8) and Levi (3), who are lots of fun. (It gets pretty loud at home!). My grandparents also live nearby, so we enjoy spending lots of time with them.

MY PETS

I don't have any pets, but my grandparents have two dogs, Pepita and Chica. My family and I often take care of them. They have a funny story. The person who gave my grandparents the puppies said they were boys, so we named them Chico and Pepe. However, we soon had to change their names to Chica and Pepita after we realized they were girls!

MY HOBBIES

I love studying the Bible, Bible marking, crocheting, finger knitting, sewing (basically anything crafts), gardening, writing songs, and more!

NIA CIELO, 10

Crafty. (I love making crafts!)
Friendly. Intentional.

WHEN I GROW UP

I want to be an actress, a speaker, a mom, and ultimately, a doer of God's will.

A TIME WHEN I FELT GOD'S PRESENCE STRONGLY...

We couldn't make it to church one day, so my mom played worship music during breakfast. As we ate, we looked out the window and saw the most amazing thing—a huge, bright, star-shaped light sitting on our fence! We knew right away that God was showing He was there. It was so special that we started crying and got on our knees to pray and worship. I'll never forget it—it felt like God was saying, "I'm real, and I'm here, and I love you!"

THIS YEAR I AM EXCITED ABOUT

All the exciting opportunities God has in store for me. He's always up to something good!

NO ONE WOULD EVER GUESS THAT

I was born in a car!

THAT LAST TIME I LAUGHED REALLY HARD

My 3-year-old brother makes me laugh with the new words he's learning! The other night, my mom and I were tucking him into bed, and after I gave him a goodnight kiss, he shooed me away! I asked him why, and he said, "You breathed on me!" We laughed so hard! I'll remind him about it forever!

MY SILLIEST TALENT

I'm so good at untangling knots, that my little brother calls me the "Knot Expert." Shoelaces got a knot? I got you!

A PLACE I WOULD MOST LIKE TO TRAVEL TO

Would be to visit the places Jesus walked and where Bible stories took place. It would be a dream come true!

GOD HAS BEEN SHOWING ME

God's been teaching me self-control and patience. Sometimes, my brothers frustrate me, and I feel like saying or doing something I shouldn't. But He's showing me how to stay calm and respond the right way.

THE COOLEST THING I'VE EVER DONE

That's tough to pick! 1) I got to pet a python (yes, a real one), and 2) I went camping with over 50,000 people for almost a week—while dodging not one, but two storms!

SOMEONE I LOOK UP TO AND ADMIRE

I admire my parents. My mom, because she's a God-fearing woman and spends time with me. And my dad, because he's super creative and innovative—he's always teaching us cool things!

MY FAVORITE BIBLE STORY IS

Queen Esther. She was a young girl who saved thousands of people by being super brave, even though it was hard, and she had to risk her life. I love this story because Esther was just a girl, like you or me, and she went through tough times. She was an orphan since both her parents had died. But God still used her in an amazing way.

★ FUN IFs!

If you had a time machine, where would you go? I would travel back in time to when Jesus lived on earth.

If you could meet a celebrity, who would it be? Simone Biles (I'm a gymnastics fan!)

If you had a million dollars, what would you buy?

I'd use it to build an orphanage for children who need a safe and loving home.

If you could make a new law/rule for the world, what would it be?

That everyone could choose to serve God freely without fear or persecution, since so many people around the world can't do that today.

If you could have a superpower, what would it be?

To make healthy food ALWAYS taste good in my mouth!

If someone made a movie about your life, it would be called... Shine!

FAVORITES

Color: Multicolor (I love color combos)
Song: "Where You Are" (from Daniel, Sight & Sound Theatres)

Movie: Queen Esther (Sight & Sound Theatres)

Book: So many! The Bible, any book by the Pitts sisters, and the Tales of the Exodus series by Nicole Parker

Food: Sugar Apple—a tropical exotic fruit
Joke: How does the moon cut his hair? Eclipse it!

Thing To Wear: Summer dresses
Bible Verse: Esther 4:14 (NKJV)

"For if you remain completely silent at this time, relief and deliverance will arise for the Jews from another place, but you and your father's house will perish. Yet who knows whether you have come to the kingdom for such a time as this?"

5 FUN FACTS

1. I have roots all around the world—Irish, Native American, African, and Caribbean—and I love learning about my family history.

2. I started making YouTube videos when I was 5.

3. I love creating new plant-based dishes!

4. I once got to sit in the pilot's cockpit seat on a plane!

5. I love hand-lettering and calligraphy.



Posing with Rich Aguilera of Dinosaur Encounter! He's one of my favorite authors.



I love growing things!



Singing and playing a song I wrote. My first time!



We grew such a big sweet potato! I couldn't believe it!



Hanging out with my two brothers!



My first time playing in the snow! In Texas!



I love animals! I got really close to an owl here! I liked him!

for SUCH A TIME AS THIS

The Nia and Esther story

In many ways, Esther must have felt like a misfit—orphaned, captured, and forced to compete for a crown she didn't even want. Yet, she was exactly where she needed to be so she could save the lives of thousands of people. Esther's life wasn't perfect—lots of bad, scary things happened to her—but God used her uniqueness for a special purpose. When you feel too young, alone, or weak, remember that God still has a plan for you to change the world!

Nia admires Esther for her incredible courage and faith in God. Even with fear, Esther stood up for what was right. Nia loves how Esther's story shows that anyone can make a big difference, no matter their age or situation.

Nia is inspired by Esther to use her voice, creativity, talents, and influence to help others. Of course, she loves the many moments of dressing up in royal costumes, imagining what it must have been like to be a queen with a big mission. Watching her mommy share messages on her YouTube

channel also encouraged Nia to create something special of her own.

At just 6 years old, Nia started her social platform, NIA CIELO, to spread kindness, hope, and Jesus' love to little kids and big kids too. She loves making videos because it lets her do one of her favorite things—encouraging others.

You can find Nia's work here:

Instagram:
[instagram.com/iamniacielo](https://www.instagram.com/iamniacielo)

YouTube:
[youtube.com/niacielo](https://www.youtube.com/niacielo)

SOME OF NIA'S IDEAS FOR CHANGING YOUR WORLD!

1. PRAY FOR SOMEONE WHO'S FEELING DOWN. EVEN A SMILE MAKES A HUGE DIFFERENCE!
2. LEAVE BIBLE VERSES IN PLACES LIKE BOOKS OR CHAIRS FOR OTHERS TO FIND AND BE ENCOURAGED.
3. MAKE COOKIES OR CRAFTS AND DONATE THE MONEY TO A GOOD CAUSE.

ESTHER BECOMES QUEEN

FUN AND GAMES

For this issue, Nia and her dad, Jason have created "fun and games" all about Nia's favorite Bible hero. Journey through Esther's story to change the world and be inspired to change yours too!

DID YOU KNOW ESTHER'S NAME MEANS **STAR**?

Choose *Esther's* Hebrew name to find her crown.

MISSION 1

What was Esther's Hebrew name?

HADASSAH

LEAH

ADINIAH

MIRIAM

MISSION 2

Find these words from Mordecai's big ask for help.

G	S	I	H	T	N	Y	A
I	O	U	N	N	L	L	N
R	E	L	I	E	F	I	O
O	K	A	T	L	O	M	T
Y	E	R	U	I	A	A	H
A	Y	I	H	S	M	F	E
L	B	S	S	I	R	E	R
I	P	E	R	I	S	H	W

silent time relief arise another family perish royal this

READ MORE!
Esther 4:14

I'm a **BOLD World Changer!**
Jot down a few things you can do now to change the world!

MISSION 4

MISSION 3

Esther Approaches the King
WORD UNSCRAMBLE

PASER
YM
LOPPEE

Read Esther's full request in ESTHER 7:3 (NIV)

Never underestimate the power of a kind word or a small action; they can spark a ripple that changes the world.
—Unknown

YOU ARE GOD'S GIRL.
A DAUGHTER OF THE KING!

21 forgirlslikeyou.com

20 For Girls Like You — March/April 2025

SPARE MY PEOPLE

Big & Beautiful CHANGERS—that's YOU!

Girls Like You are making
a difference in their families, their
neighborhoods and the world!



EVIE, 13

I love trying to make the world a better place! We move a lot, so it's kind of hard to be consistent with the groups that I set up, but I still try. When we lived in Sydney, Australia I started a book club, and we did it for three years! Then, when we moved back to America, I started another, and we've done it for over two years now. I also like to share the gospel with others. My parents are missionaries, so I've grown up doing it, and I love it! I try to tell someone about the Bible as often as I can, even if she or he already knows God!



LILEINA
JOY, 15

Lileina (and her sister Lucy) were
FOR GIRLS LIKE YOU
cover girls in our
Jan-Feb, 2023 issue!



Someday, I hope to change the world—if God leads the way—through American Sign Language. I have been studying it for a few years now and love it SO MUCH (especially when I can sign some of the worship songs at church)! I hope to become a translator one day and help bring the Good News of Jesus to the deaf community. Our church has a deaf ministry also, and I love helping with it!



MADELEINE, 10

My teacher had some challenging days. So, my classmates and I got together to do some nice things for her.

I decided to make an encouraging card. I did not realize what an impact my card had not only on my teacher but also on my dad who's a teacher too.

When he read it, he was in awe and very encouraged as well. My mom teared up and shared my card with my Principal and the Area Superintendent. I had no idea something so small can have a HUGE impact.



LILY, 13

I think that it is really important to share the good news of Jesus. With each and every person we share the good news with, we are changing the world one person at a time! Maybe you could even get them a **FOR GIRLS LIKE YOU** subscription so they can learn more and dig deeper! Another idea of how every girl can be a world changer is **having a Bible study or a get-together with some friends**

who need to learn about the love that Jesus has for them. I like gymnastics, and I like to use the skills and talents that God gave me to bring others close to Him. Last summer, I did a little gymnastics class for some of the younger girls in my neighborhood, and at the end, we watched a *Superbook* episode and did a Bible story. This was a fun way to show girls the love God has for them! One thing my family did to reach the middle schoolers in my public school is start an after-school club called *The Well*, where every other Friday, we meet across the road at a little church. We get a free snack, learn a story from the Bible, and play a game! This is so fun because everyone is invited, and sometimes fellow students share their testimonies (like I did a month ago), and then they can see what God did in people's lives! This fun club is super cool—170 MS students come each week! God has a special plan for each of us, and we can make a difference with everything we do. If it is big or small He has made each of us world changers!



RUTH ANN, 10

I was in a club called Peer Helpers. Our club helped our community and school. One of the biggest projects we did was a **food drive**. We made all the grades collect as many cans as possible. We also did a "clean up the campus" project. We met after school one day and went around picking up trash. It was so much fun. Our campus looked great!

Ideas to change the world: **1.** Put sticky notes in places at school for people to find and that are encouraging and Christ-centered, and **put positive notes in my friends' lockers.**

Saying hi and smiling can also change the world!

I also love to leave verses for housekeeping when we stay at hotels.

2. I love to be healthy, and I want to create a website for girls to teach them how to live a healthy Christ-centered lifestyle and also create a book about how to get real with yourself and your problems in this social-media-obsessed world.



ISABEL, 14

To help change the world, I **donated to schools when we had a fire** in our city, Los Angeles. The fire was huge, almost 22,000 acres, and it burned down many schools, and I wanted to do something about it. My mom and I bought some school supplies. I prayed to God that everyone would be OK, and within one week, almost 20 other families helped us! We are so thankful it worked! Actually, there were so many donations, the firefighters had to turn away some donations! God is always watching over you, and He wants to help you with your ideas.



HANNAH, 10

I love working with little kids! In the past, I have helped coach at a church's basketball camp. As a Christian, it's hard for me to find a godly sports role model. The camps I help with teach basketball and also introduce Christ. Both of these can impact kids in a positive way. Someday, I hope to run my own free basketball camps for kids around my town. My goal is to teach kids basketball and help them get to know and grow in Christ. My hope is to **change the lives of kids through basketball**, something that I love.



REU, 12



SAVANNAH, 11
(from Australia)

A way to be a world changer is to go to your nearest reserve of water. It can be a lake, a stream, the ocean, or wherever natural water is. You can look around for any trash or debris that shouldn't be there, for example, an empty chip bag or empty can or bottle. If those items are on the beach when high tide comes, they are going to be swept into the oceans. What happens most of the time is turtles confuse plastic with their favorite food, the jellyfish. The turtles eat the plastic because they don't know any better. Then, the turtle gets sick because the plastic gets stuck in its system. If there is trash in a creek or stream, it will always lead to a bigger water reserve with more creatures and more chances of them eating it and getting sick. This, however, can be stopped by **picking up the trash and recycling it responsibly**. That is how we can change the world. When I was 10, my fourth-grade teacher started a cans-for-change recycling program and composting program. I would give up one lunch break a week to collect trash to stop it from getting into the creek behind our school. Our composting program stopped a lot of students' food scraps from going into landfills. The same teacher is still running this program. I hope I have inspired the next generation of students to take care of our school land.

I try to be a world changer by helping people in my community. Every year my family **leads a Thanksgiving Meal Drive and a Christmas Toy Drive** for our church to give to families and children in need in our city. For the Thanksgiving meals, I go shopping for the food with my parents and help put it in boxes. It makes me think about how thankful I am for what we have. For the Christmas Toy Drive, I always help to pick out and wrap the gifts for the kids. I love knowing that the kids getting them will be happy and that it also makes God happy that we are helping all of these kids. You can be a part of helping people in your community by doing things like this too!

I drew this photo because it is of me and one of my best friends, and friendship is really important to me. I recently started practicing drawing a lot more, and I really love it! I got a new drawing kit and used it to draw this picture. I hope to keep getting better at it!



EMMA, 10



ANNA, 15

God is doing so much in my life! I recently got baptized at my church and turned 15 in December. On the third Friday of every month, I volunteer at Center City Park to **serve food to homeless people** with my church missions team.



HAZEL, 12

The best way to change the world, in my opinion, is to pray. It may sound like it doesn't do much, but that is the best way to change the world because God can do anything! It doesn't have to be fancy or anything. You can just talk honestly to God like He's your best friend! I also like to write my prayers in prayer journals because then I can come back to see how God answered those prayers or pray them again. If you have some changes you'd love to see in the world, the best thing to do is to **pray and then trust God**. The change that I want to see in this world the most is people coming to Christ and following Him.

A lot of people think you have to become a missionary to change the world, but you can serve locally, too! I like to crochet stuffed animals and donate them to a place in my town that takes stuff for babies and moms who may not have enough money to buy things like that. It's just my way of spreading joy and love!



HANNAH, 13

I am in 7th grade, and one way I like to help change the world is through bake sales. Me and my friends try to do one every year to **support a local animal shelter**. We really enjoy making all the baked goods and then going shopping for pet supplies. In total, we have done three so far and have raised money in the thousands for each one!



AMIRA, 9



One person I really look up to is my mom. She is the kindest, most loving and helpful person you could ever meet. Many times, my mom has made me proud. She has done many wonderful things, but one that really made me proud was that she wrote a book! I asked her what inspired her to make this book, and she said, "You!" That made my heart melt. Also, people think that only adults can make books, but I think that if you believe you can do it and you have faith, surely you can do anything!

Dream big and be bold!



LILY, 13

I love to crochet! I learned how to crochet a few months ago, and it's something I really enjoy. I've made a few things: a doll of me, a Nutcracker, a Hershey Kiss (I'm actually making them for all the kids in my youth group!), and Kevin from *Home Alone*! I really want to start making Random Acts of Crochet Kindness—**making small things and leaving them places for someone to find!** I think

it'll be a great way to share some of the joy I get from crocheting.



ELSIE, 15

I believe that even if we can't do something millions of people will know about, we can still impact the world in our everyday lives. A few years ago, I started **posting sticky notes in public with Bible verses or messages of hope** and encouragement. Some of my favorite places to leave them have been on restaurant tables or on bathroom mirrors. I'll never know how many people see them, but something as simple as that can change someone's whole day!

I also have the privilege to teach Bible stories to 4- and 5-year-olds every week in children's ministry. This is not something I take lightly since this could be the only Jesus they get all week! Girls younger than me can also talk about Jesus to little kids who look up to them. We can always think creatively to influence people for Christ!



EVERY, 11

How could I change the world? By **helping kids like me learn about Jesus and grow in His love.** I love Jesus, and He inspired me to write a seven-day devotional book.



I self-published this book, which is available at Amazon, Book Baby, and other retailers, and this book is also being used at various churches/schools. (You can find it online under *Life with Christ* by Avery Creary.)



DAISY, 10

Every year, I try to change the world in a bunch of different ways to **make the Earth a happy place** for everyone. My grandma works at the Community Pregnancy Center, where moms who don't have as much as us come in and get things for kids. I go there all year, wondering where I can help—folding baby clothes, sorting toys, helping out wherever I can. At Christmas time, they invite the moms who can't buy toys for their kids to come in and let us know their child's age, gender, and what kind of things they like. Then we find the perfect toys for them, clothes and books, and whatever else the mom might need for Christmas. We give it to her so she and her family can have a happy Christmas!





COURAGEOUS girls

WITH TERRA MATTSON

DEAR
TERRA,

Sometimes, I wonder
how God could use me.
I feel like I don't have
any special talents to make
a difference.

INSECURE,
Stacy, 11

PERSON TO PERSON

God uses ordinary people to do extraordinary things!

(SEE 1 CORINTHIANS 1:27)

Can I admit
that I
sometimes
wonder this
very same
thing? We
often think we

died on a cross for them. They are made in God's image. And they deserve to be seen, known, and loved. God's ways are often different from our ways.

In a very distracted and self-absorbed world, people are starving to be noticed. Jesus was so good at seeing the people others missed. The bleeding woman. The Samaritan woman. The tax collector. The disciples were not the most likely candidates to be world changers. But they did.

Instead of trying to "do" something for God, what if you simply paid attention to the people around you? Prayerfully ask God each and every day: *Who do You want me to see and encourage today?* Your parents. Your siblings. Your friends. Your classmates. Your teammates. Your neighbors. The world is full of people who need to be noticed, heard, and reminded that they matter.

Luke 16:10 says, "Whoever can be trusted with very little can also be trusted with much, and whoever is dishonest with very little will also be dishonest with much." It's almost like a scavenger hunt when you ask God to show you who needs to be seen today and to trust you in small ways to help show His love to others. Not only will it encourage that person, but it will also help you step into your purpose here on Earth: to love God and love others. You may get to be famous someday. You may even have many followers. But always remember that in God's eyes, world changers aren't always the most popular people. All He needs is your heart and a willingness to see beyond yourself.

WITH LOVE & PRAYERS, Terra



Terra Mattson is a counselor, author and founder of **Courageous Girls**. To learn how to be a Courageous Girl and start your own group, ask your mom or caregiver to go to mycourageousgirls.com or have her read Terra's book, *Courageous: Being Daughters Rooted in Grace*.

faith SERVICE. FUN.

WITH AMERICAN HERITAGE GIRLS

ON A MISSION

Dear children, let us not love with words or speech but with actions and in truth.

1 JOHN 3:18

FAITH IN ACTION

Learning how to put our faith in action is an important part of being an American Heritage Girl.

Isaiah 58:10 says:

*You should feed those who are hungry.
You should take care of the needs of those who are troubled.
Then your light will shine in the darkness.
And you will be bright like sunshine at noon.*

Each of us can change the world and change someone's world for the better. Look out for ways you can serve others and share your light!

THE MISSION-MINDED BADGE

Christians represent Christ in the world. Some may support missions through prayer and finances, some may serve in their communities, some in their own country, and some may venture out to unreached people groups in the most remote corners of the world. All are important parts of the mission to love others and share the love of Jesus.



SERVICE IS LOVING OTHERS

Tenderheart Ruby from Troop OH0413 learned about loving the least of these when she and her troop visited with Matthew 25 Ministries, whose mission is extending God's



love in practical ways. For Ruby, the visit gave an opportunity to step into the shoes of "the least of these" in order to have an empathetic understanding of being in need. In her day of service, Ruby particularly liked sorting donated clothing items, a task the whole Troop got to do together. Ruby and her Troopmates also learned about natural disaster relief and homeless outreach, two of Matthew 25 Ministries' main passions. Ruby says, "Jesus tells us that whatever we do for the least of these, we are doing it for Him. It keeps our hearts humble, our minds grateful, and our hands helpful. And it brings glory to God!"

FUN IN SERVING TOGETHER

You can become a Champion of Compassion in your circle of influence!

Keep a careful watch for moments when those around you express compassion to another. Collect stories of these occasions and invite



Members of Troop MD1410's Explorer Unit are learning how to be Champions of Compassion.

your circle of influence to a Compassion Celebration, where you share your collected stories over freshly baked cookies and warm glasses of cocoa. This is a way to encourage others to see and be God's light in the world—giving hope and encouragement that God, indeed, is mightily at work among us through our acts of compassion.



Looking for a community of faith, service, and lots of fun—of girls just like you? With your parents' help, go to americanheritagegirls.org/find-a-troop/ to get connected. We think you'll love who you find!



LIGHT YOUR WORLD

"Let your light shine before men, that they may see your good deeds and praise your Father in heaven."

MATTHEW 5:16

Happy Spring, beautiful world changers!

I don't know about you, but every time I turn on the television, the radio or go online, I hear stories about people who, through actions great or small, are making the world a better place.

We all hear of people who are famous or wealthy who donate their wealth or host events to raise money for those who need help. While that is admirable, I mostly love the stories of everyday people like you and me who make a difference for others in their lives.

I recently heard about a teacher who spent several hours of her personal time every week tutoring her students before their college entrance exams. Many of these students didn't have stable homes or anyone in their families to help them prepare. This teacher gave of her time, which resulted in each of these students making high scores, which helped them each get scholarships. The teacher changed these students' lives. Did she have to do it? No.

Why did she do it then? She said she wanted to see these students succeed, and because someone once helped her.

Hebrews 13:2 says: *"Do not forget to show hospitality to strangers, for by so doing some people have shown hospitality to angels without knowing it."*

Matthew 5:14-15 says: *"You are the light of the world. A city on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead, they put it on its stand, and it gives light to everyone in the house."*

This doesn't mean bragging about the things we do, but as we are kind to others, even in the simplest ways, we are reflecting Jesus' light. Both of these verses encourage showing kindness to others, and in doing so, we shine Christ's light so others may praise our Father in heaven.

What does this look like?

It could be as simple as offering a smile to someone in your class who is having a bad day, or holding the door open for someone. It could be sharing your lunch with someone who doesn't have one, or sending an encouraging handmade card to a grandparent or elderly neighbor who may feel forgotten. It could even look like saving your allowance and donating to a local food pantry or animal shelter.

Whatever you do, if you do it with a joyful heart, any kindness, great or small, offered without expectation of anything in return, is a blessing and can make the world a better place.

**may Jesus bless you as you go forth in
His love and change the world!**



SCIENCE FUN WITH THE DENTON DUO

Lydia and Bethany

INVENTION ADVENTURES

Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms.

1 PETER 4:10

Do you ever feel like the world is full of problems and that you can't possibly make a difference? We sometimes feel that way! We are problem seekers because we love to solve problems through inventing.

Our most recent invention was for a friend of ours at school. Our friend has type 1 diabetes and was frustrated because taking too much insulin or having too little insulin makes them feel really crummy. To help, they always ate the same things for lunch and could never get food from the food truck or enjoy class parties because it was tough to figure out how much insulin to take to adjust for the food they ate. We invented a lunch box with three compartments and a scale under each. We then wrote an app so our friend could say what was in each compartment and weigh it before and then after they started eating. Then, they would be able to use the app to figure out exactly how many carbohydrates they had eaten and give the right amount of insulin. Lots of people could benefit from an invention like this!



We entered our lunchbox idea in the Thomas Edison Pitch Competition and won 3rd place in the world. We also entered the Congressional App Challenge and won first place in our district. It is so fun to share your ideas! We are working with an adult inventor to help develop our lunch box into something you could purchase in a store!

There are so many fun ways to learn how to invent! Some of our favorites are scratch.mit.edu to learn how to code, appinventor.mit.edu from MIT to learn how to write apps, and teachkidsengineering.com/introducing-kids-to-electronics to learn how to make circuits. It is also really fun to work with an adult mentor who can teach you one-on-one!

Whatever you do, work heartily, as for the Lord and not for men, knowing that from the Lord you will receive the inheritance as your reward. You are serving the Lord Christ.

COLOSSIANS 3:23-24

When you use your gifts of creativity, grit, and intelligence to solve problems in the world, you glorify God. Many times, inventions can make the world a better place. What can you think of to solve a problem in your community?



SHOWERS OF COMPASSION UMBRELLA

"He showers compassion over all His creation."

PSALM 145:9

Since we are made in His image, we can reflect His love and kindness. As world changers, we are called to show others the same love and compassion that God gives us. Your umbrella is a reminder to always spread kindness, help others, and love like God loves us. You can make the world a better place by showing love to those around you!

SUPPLIES

White Umbrella, Templates,* Scissors, Foam Brush, Small Paint Brush, Pencils and Permanent Markers, Card Stock, Paint: blue, green, yellow, orange, white and purple (optional), Glitter: orange, yellow or gold, Drop Cloth

(*find templates online at thouartexalted.com/umbrella)



Cut out the template for the mountains and sun. Place the mountain template underneath your umbrella and trace lightly onto your umbrella with pencil.



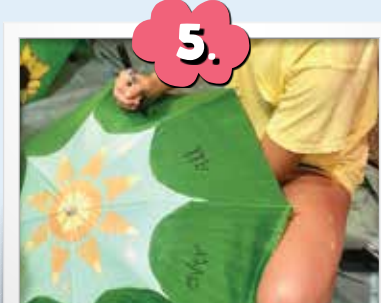
Paint the mountains green and the sky blue with your foam brush. Using your smaller brush, paint the sun orange and yellow.



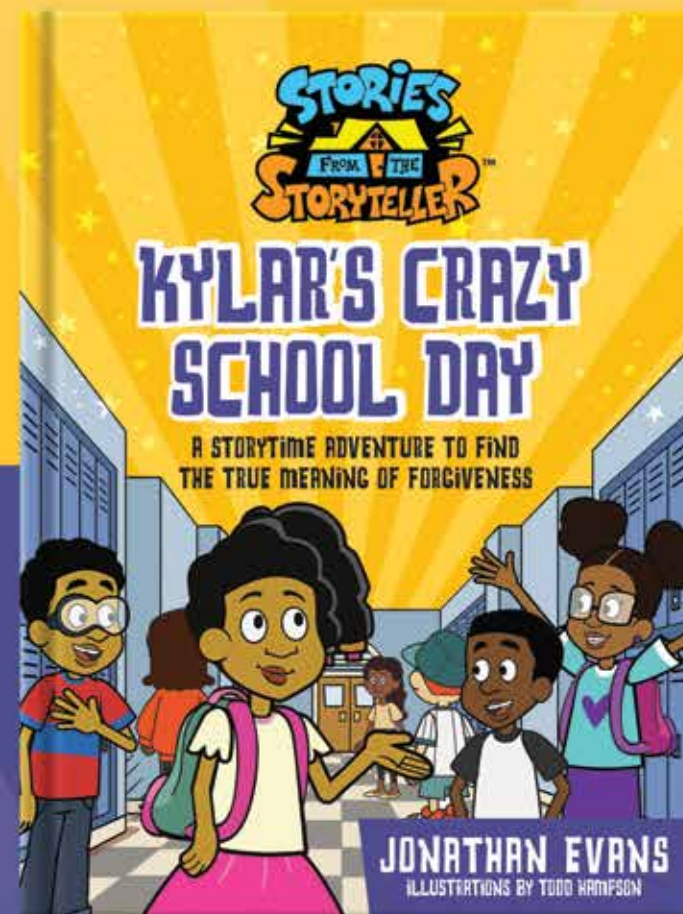
While paint is wet, add a little orange (or yellow or gold) glitter to your sun. Tip: A little glitter goes a long way!



(Optional) Cut out bird and flower templates, trace, and paint onto your umbrellas. You can also splatter your umbrella with white paint. To splatter: mix water and white paint and use your paintbrush to flick the paint onto your umbrella. Tip: Don't use too much water or the paint will run. This is messy! Make sure you do this outside or on a drop cloth.



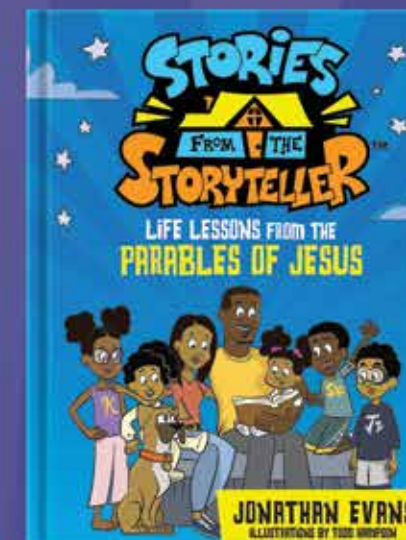
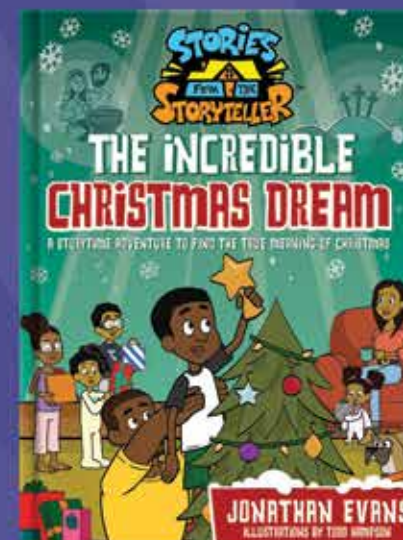
Grab your sharpie (after all is dry) and write: "He showers compassion over all His creation." Psalm 145:9. Each word should fit on a panel. Count just to be sure!



CAN KYLAR FORGIVE LIKE JESUS DID?

When her siblings break their promises, Kylar's first day of school is a big disappointment. Will she show her brothers and sisters mercy when they mess up? And what does Jesus say about forgiveness? Find out in this fun book!

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