

# HOW TO HANDLE PEER PRESSURE GOD'S WAY



## PRAY FOR CONFIDENCE!

Being a messenger for God means that sometimes we have to make choices that are different from everyone else. Choosing to be different than others will not always feel good but with God's help you can do it! Always think about what God's Word says and stick to what you believe!



## CHOOSE YOUR FRIENDS VERY CAREFULLY!

I know you have probably heard this before, but it really does matter! Try to spend a lot of time with friends that share your love for Christ! You will need each other to help make good choices!



## BE CREATIVE!

If you are with a group of friends and they are thinking about doing something that you don't feel good about, then try to think of something else that everyone will enjoy and feel good about doing.



## PRACTICE SAYING NO!

This may sound silly but practicing helps you to get better at something, right? So why not practice saying no or telling others that you don't want to do something. You can turn it into a fun game with a friend! Take turns practicing being brave and saying no to the things that others may be doing!